

## Heart Screening In Memory of Jamie Loncaster – JUNE 2016

The first heart screening sessions, by **Cardiac Risk in the Young**, were held on 31<sup>st</sup> May and 1<sup>st</sup> June 2016 in memory of Jamie Loncaster.

The screenings were made possible by donations to the **Jamie Loncaster Memorial Fund** held at and administered by **Cardiac Risk in the Young** - a registered charity based in Leatherhead, Surrey.

The screenings were held at **South Hunsley School and Sixth Form College** during the half term break in Humber Building to the south of the site. Staff, cleaners and caretakers were all on hand to assist and we offer them our thanks for this, as well as for allowing us to use the premises.

**200 young people were screened over two days.** Every person had an ECG (Electrocardiogram) as well as a brief discussion with the CRY Doctor afterwards. About 4 people had a further, more detailed Ultrasound ECG (Echocardiogram) at the suggestion of the Doctor. As a direct result of these screenings, **5 young people were referred to their GP for further investigation or tests!**

**Cardiac Risk in the Young's** national statistics show that **1 in 100** young people screened is found to have a problem with their heart and **1 in 300** screened has a potentially life-threatening condition. These statistics are seemingly borne out by the referrals made at our screening event.

A heart screening day (run by C-R-Y) currently costs £3,500. Each day, around 100 young people (aged 14-35) can be screened. This hasn't changed for the past two decades, but it is set to increase in February 2017 to £5,000 per day.

Preparations are in place to run these annually at South Hunsley School & Sixth Form College, where Jamie was a pupil. This recent session was fully subscribed, but sadly (for whatever reasons) there were **22 people who failed to attend their appointments**. Luckily the power of Social media helped us spread the word and we filled about half of those places with people walking in on the off-chance.

Four days (400 places) are already planned for each of 2017, 2018 & 2019 (1,200 places in total) and we are on the cancellations list for anything that comes available in early 2017 in the meantime.

The statistics of unexpected young sudden cardiac deaths (YSCD) are frightening. **At least 12 apparently fit and healthy young people (14-35) die EACH WEEK in the UK, as a result of an unknown heart condition.** 80% had no prior symptoms (just like Jamie).

**Our aim is to raise at least £75,000 (about 2,000 screening places) by March 2020.**

A website in memory of Jamie has been created to give a single point of information. It shares facts and figures, memories and photographs, as well as links to donate to the fund and information links to C-R-Y. There is also an Instagram feed and Facebook Page. Search: **JamieLoncasterMemorialFund**. We are also on Twitter: **@JamieFund\_UK**

**Thank you for your support. Without donations, these screenings would not possible.**



[www.jamieloncaster.co.uk](http://www.jamieloncaster.co.uk)



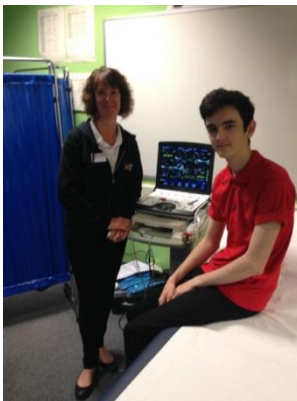
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*The "C-R-Y" Team with Graham, Jenny and Ross Loncaster*



*An ECG screening bay*



*Ross (post screening)*



*ECG Machine*



*C-R-Y equipment van*