



## CRY London Landmarks Half Marathon – April 2024

Northampton born **Alex Burns** will be running the [CRY London Landmarks Half Marathon](#) on 7<sup>th</sup> April 2024 in memory of his cousin Jamie.....

Alex (21), a final year Business Management and Economics student at UWE Bristol, wrote:



Alex and Jamie at the summit of 'Goatfell' on the Isle of Arran  
August 2014

*"In 2015, I lost my beloved cousin, Jamie, at the young age of 13. He passed away peacefully in his sleep due to severe myocarditis. In his memory, the Jamie Loncaster Memorial Fund was established with CRY to help prevent other families from experiencing the same heartbreak. Thanks to the generosity of donors like you, the fund has been able to run over 2,300 heart screenings for young people to date.*

*Jamie was always the life of the party - he had a great sense of humour and a very caring soul. I know he would have been proud to see me participating in the London Landmarks Half Marathon 2024 in his honour. I am raising funds for CRY (Cardiac Risk in the Young) to continue their important work in preventing sudden cardiac deaths in young people. Please join me in supporting this cause and honouring Jamie's memory."*

To support Alex, please click the link here to visit his page: [Alex Burns - JustGiving Fundraising Page](#)

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National CRY statistics from over 20 years of screening show that 1:100 people screened will have an irregularity with their heart and 1:300 will have a potentially life-changing condition.

All heart screening events funded by [Jamie's Memorial Fund](#) will be held at South Hunsley School.

Details will be posted on our website and social pages in advance.

Booking will be available via CRY at [www.testmyheart.org](http://www.testmyheart.org)

#JamieRemembered ♥